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PODCAST



ANA TAJDER, MBA

Ana is an award-winning author, journalist and the host of "Thank You, Mama," where she interviews women from around the world about the most important lessons they have learned from their mothers.

THANK YOU, MAMA PODCAST

The grief of loss drove Ana to create her podcast: When her mother, iconic actress Jagoda Kaloper, unexpectedly passed away, one of her biggest fears was forgetting the lessons she taught her. Talking with friends, it became obvious to Ana how important this topic is to women - but we never put it into words. This is why she decided to create a podcast as a global platform for women to share their mothers' life-stories, and inspire other women through their mothers' life-lessons - whatever lives they lived and whatever their relationships look like.

In 120 episodes (and counting), guests range from CEOs, professors, scientists, Hollywood actresses, and stay-at-home moms from 60 different countries. In our conversations, we talk about our mothers' life stories, and lessons but also about critical issues such as women's rights, racism, immigration, domestic violence, arranged marriages, addiction, sex education, and mental health.

"Thank You, Mama" won three international awards.

ABOUT ANA

Ana fled Croatia during The Balkan War and started her new life in Austria at 17, and USA at 36. After more than a decade working in international marketing at large corporations, she experienced burnout and decided to follow her passion: writing. She published two award-winning memoirs, and well over a hundred essays, articles, and interviews in various European newspapers, magazines, and journals.

Ana grew up in a communist country, witnessed domestic violence, underwent a difficult spine surgery at 15 and spent her teen years in a back brace, fled a war, suffered from burnout, supported her mother, father and husband through multiple cancer battles...and is still an eternal optimist. She wouldn't change a thing!

Ana is a mother of a son.

ANA'S TOPICS

MOTHERS/WOMEN/PARENTING

- What are the important lessons mothers around the world teach their daughters?
- What do daughters wish their mothers taught them?
- What is the role of a mother? What does that look like in our ever changing society ?
- Do mothers around the world parent differently?
- History of mothering